

RealNZ Mavora Explorer



6km

Please note, this course is marked by cones and there is only one marshal, with a sweeper going around at the end of the race.

There is no drink or aid station, this is located at the Start/Finish line.

- Base Torso Layer – A technical t-shirt made of quick-drying fabric.
- Quick Dry Shorts – recommended for added comfort! We also recommend carrying pain relief medication (e.g. Panadol) for headaches and electrolyte replacement powder (e.g. Gastrolyte) for cramps, along with other medications you might need (e.g. prescription or hay fever medication).